## SEFER YETZIRA Table of Contents

		page
Preface		-3
	Chapter I	
	(Abraham)	
Preface to the		3 - 7
Treface to the	<i>Tzimtzum</i> - Divine Constriction	5 - 7
	Simple Divine Desire	
	Three levels of Human Desire	
Preface to the	first Mishna	-7
Mishna 1.		
	Divine Names of Fear	8-14
	Thirty Two Paths	
	Abraham's Role in Creation	
	Chokhma - Wisdom	
	Divine Names of Creation	
	Three Books - Chronicle, Account and Narrative	
Preface to the	second Mishna	15-17
i i ciuce to the	Origin of the word Sephira (pl. Sephirot)	15 17
	Origin of the <i>Brit</i> - Covenant	
Mishna 2.		17-19
	10 Sephirot	1, 1,
	Five Opposite Five	
	Brit - Circumcision of Unity	
	Tongue and Genitals	
		20.21
Preface to the		20-21
	<i>Keter</i> - Crown and <i>Da'at</i> - Knowing	21.25
Mishna 3.	10 mat 0 Samhimat 10 mat 11 Samhimat	21-25
	10 not 9 Sephirot - 10 not 11 Sephirot	
	Blimah - Nothingness	
	Understand with Wisdom - Be Wise with Understanding Stand everything on its verity	
	Stand everything on its verity	
Preface to the	fourth Mishna	26-28
	Evolution of the Simple Desire	
Mishna 4.	1	28-31
	Depths of Beginning, Depths of Afterwards	
	Depths of Good, Depths of Evil	
	Divine Names of Gestation El Melech Ne'eman	
Durafaas to 1	fifth Mishing	22.22
Preface to the		32-33
	Desire and Regret	

Their Purposes The Throne37-39Preface to the sixth Mishna Divine Desire39-42Ten Without End Ends inserted into their Beginnings Before One what do you count?39-42Preface to the seventh Mishna Will vs Desire43-44Wishna 7.45-47Withhold your Mouth from Speaking Withhold your Heart from Reflecting Return to the Place of Covenant48-50Preface to the eighth Mishna Ruach Hakodesh - The Holy Breath (Spirit)48-50Mishna 8.50-53Breath Living God Life of Worlds Voice, Breath and Speech55-57Ruach M'Ruach - Breath from Breath 22 Letters 3 Mothers 7 Doubles 12 Simples55-57Preface to the tenth Mishna Mayim M'Ruach - Water from Breath Chaos and Void Dust-58Preface to the eleventh Mishna Li Mishna 1058Mayim M'Ruach - Water from Breath Chaos and Void Dust59-63Preface to the eleventh Mishna Inflation of the Universe Mishna 1058Mishna 11.64-66Water and Fire - Male and Female Mishna 11.64-66Mishna 11.Esh M'Mayim - Fire from Water Throne of Glory		The Sephirot Their Appearance	
Preface to the sixth Mishna       37-39         Divine Desire       39-42         Ten Without End       39-42         Ends inserted into their Beginnings       Before One what do you count?         Preface to the seventh Mishna       43-44         Will vs Desire       45-47         Withhold your Mouth from Speaking       45-47         Withhold your Mouth from Speaking       Withhold your Heart from Reflecting         Return to the Place of Covenant       48-50         Preface to the eighth Mishna       48-50         Ruach Hakodesh - The Holy Breath (Spirit)       48-50         Mishna 8.       50-53         Breath       Living God         Living God       Stress         Voice, Breath and Speech       55-57         Preface to the ninth Mishna       Mystery of Kisses         Mishna 9.       21 Letters         3 Mothers       7 Doubles         12 Simples       55-57         Preface to the tenth Mishna       -58         Inflation of the Universe       59-63         Mishna 10.       Mayim M'Ruach - Water from Breath       59-63         Preface to the eleventh Mishna       64-66         Water and Fire - Male and Female       64-66         Water and Fire -		••	
Divine Desire39-42Mishna 6.Ten Without End Ends inserted into their Beginnings Before One what do you count?39-42Preface to the seventh Mishna43-44Will vs Desire43-44Mishna 7.Withhold your Mouth from Speaking Withhold your Heart from Reflecting 		The Throne	
Mishna 6.       39-42         Ten Without End       Ends inserted into their Beginnings         Before One what do you count?       43-44         Will vs Desire       43-44         Will vs Desire       45-47         Mishna 7.       45-47         Withhold your Mouth from Speaking       45-47         Withhold your Heart from Reflecting       48-50         Return to the Place of Covenant       48-50         Preface to the eighth Mishna       48-50         Ruach Hakodesh - The Holy Breath (Spirit)       50-53         Breath       Living God         Life of Worlds       Voice, Breath and Speech         Preface to the ninth Mishna       54-55         Mishna 9.       55-57         Ruach M'Ruach - Breath from Breath       55-57         Nishna 9.       55-57         Ruach M'Ruach - Breath from Breath       52         12 Simples       59-63         Mishna 10.       59-63         Mayim M'Ruach - Water from Breath       59-63         Mishna 11.       64-66         Water and Fire - Male and Female       64-66         Water and Fire - Male and Female       66-69         Esh M'Mayim - Fire from Water       64-66	Preface to the		37-39
Ten Without End Ends inserted into their Beginnings Before One what do you count?43-44Preface to the seventh Mishna Will vs Desire43-44Will vs Desire45-47Mishna 7.Withhold your Mouth from Speaking Withhold your Heart from Reflecting Return to the Place of Covenant45-47Preface to the eighth Mishna Ruach Hakodesh - The Holy Breath (Spirit)48-50Mishna 8.50-53Breath Living God Life of Worlds Voice, Breath and Speech50-53Preface to the ninth Mishna Mystery of Kisses54-55Mishna 9.55-57Ruach M'Ruach - Breath from Breath 22 Letters 3 Mothers 7 Doubles 12 Simples55-57Preface to the tenth Mishna Inflation of the Universe-58Mishna 10.59-63Mayim M'Ruach - Water from Breath Chaos and Void Dust59-63Preface to the eleventh Mishna Mayim M'Ruach - Water from Breath Chaos and Void Dust64-66Mishna 11.64-66Esh M'Mayim - Fire from Water Throne of Glory64-66	Mahara (	Divine Desire	20.42
Ends inserted into their Beginnings Before One what do you count?Preface to the seventh Mishna Will vs Desire43-44 Will vs DesireMishna 7.45-47 Withhold your Mouth from Speaking Withhold your Heart from Reflecting Return to the Place of Covenant48-50 Ruach Hakodesh - The Holy Breath (Spirit)Preface to the eighth Mishna Ruach Hakodesh - The Holy Breath (Spirit)48-50 Ruach Hakodesh - The Holy Breath (Spirit)Mishna 8.50-53 Breath Living God Life of Worlds Voice, Breath and Speech54-55 Mystery of KissesPreface to the inth Mishna 22 Letters 3 Mothers 7 Doubles 12 Simples55-57Preface to the tenth Mishna Inflation of the Universe-58 Mishna 10.Preface to the tenth Mishna Lawin M'Ruach - Water from Breath Chaos and Void Dust-58 Se-63 Mayim M'Ruach - Water from Breath Chaos and Void DustPreface to the eleventh Mishna Chaos and Void Dust64-66 Kater and Fire - Male and FemaleMishna 11.Esh M'Mayim - Fire from Water Throne of Glory	viisnna o.	Ten Without End	39-42
Before One what do you count?       43-44         Preface to the seventh Mishna       43-44         Will vs Desire       45-47         Mishna 7.       Withhold your Mouth from Speaking Withhold your Heart from Reflecting Return to the Place of Covenant       48-50         Preface to the eighth Mishna       48-50         Ruach Hakodesh - The Holy Breath (Spirit)       48-50         Mishna 8.       50-53         Breath       50-53         Life of Worlds       50-53         Preface to the ninth Mishna       54-55         Mishna 9.       54-55         Mishna 9.       7         Ruach M Ruach - Breath from Breath       22 Letters         3 Mothers       7         7 Doubles       12 Simples         Preface to the tenth Mishna       -58         Inflation of the Universe       59-63         Mayim M Ruach - Water from Breath       59-63         Mayim M Ruach - Water from Breath       59-63         Mayim M Ruach - Water from Breath       59-63         Mishna 10.       Water and Fire - Male and Female       64-66         Mishna 11.       Esh M Mayim - Fire from Water       66-69         Esh M Mayim - Fire from Water       66-69       66-69			
Will vs Desire45-47Mishna 7.Withhold your Mouth from Speaking Withhold your Heart from Reflecting Return to the Place of Covenant48-50Preface to the eighth Mishna Ruach Hakodesh - The Holy Breath (Spirit)48-50Mishna 8.Breath Living God Life of Worlds Voice, Breath and Speech50-53Preface to the ninth Mishna Mystery of Kisses54-55Mishna 9.State of Worlds Mystery of Kisses55-57Ruach M'Ruach - Breath from Breath 22 Letters 3 Mothers 7 Doubles 12 Simples55-57Preface to the tenth Mishna Inflation of the Universe-58 Mishna 10.Preface to the tenth Mishna Mayim M'Ruach - Water from Breath Chaos and Void Dust59-63Preface to the eleventh Mishna Mayim M'Ruach - Water from Breath Chaos and Void Dust64-66Mishna 11.Kater and Fire - Male and Female Esh M'Mayim - Fire from Water Throne of Glory64-66		Before One what do you count?	
Will vs Desire45-47Mishna 7.Withhold your Mouth from Speaking Withhold your Heart from Reflecting Return to the Place of Covenant48-50Preface to the eighth Mishna Ruach Hakodesh - The Holy Breath (Spirit)48-50Mishna 8.Breath Living God Life of Worlds Voice, Breath and Speech50-53Preface to the ninth Mishna Mystery of Kisses54-55Mishna 9.State of Worlds Mystery of Kisses55-57Ruach M'Ruach - Breath from Breath 22 Letters 3 Mothers 7 Doubles 12 Simples55-57Preface to the tenth Mishna Inflation of the Universe-58 Mishna 10.Preface to the tenth Mishna Mayim M'Ruach - Water from Breath Chaos and Void Dust59-63Preface to the eleventh Mishna Mayim M'Ruach - Water from Breath Chaos and Void Dust64-66Mishna 11.Kater and Fire - Male and Female Esh M'Mayim - Fire from Water Throne of Glory64-66	Proface to the	seventh Mishna	13 11
Mishna 7.       45-47         Withhold your Mouth from Speaking Withhold your Heart from Reflecting Return to the Place of Covenant       45-47         Preface to the eighth Mishna Ruach Hakodesh - The Holy Breath (Spirit)       48-50         Mishna 8.       50-53         Breath Living God Life of Worlds Voice, Breath and Speech       50-53         Preface to the ninth Mishna Mystery of Kisses       54-55         Mishna 9.       54-55         Ruach M Ruach - Breath from Breath 22 Letters 3 Mothers 7 Doubles 12 Simples       55-57         Preface to the tenth Mishna Mayim M Ruach - Water from Breath Chaos and Void Dust       -58         Preface to the eleventh Mishna Chaos and Void Dust       59-63         Preface to the eleventh Mishna Chaos and Female       64-66         Water and Fire - Male and Female       64-66         Mishna 11.       64-66         Esh M'Mayim - Fire from Water Throne of Glory       64-69	Fieldee to the		43-44
Withhold your Heart from Reflecting Return to the Place of Covenant       48-50         Preface to the eighth Mishna Ruach Hakodesh - The Holy Breath (Spirit)       48-50         Mishna 8.       50-53         Breath Living God Life of Worlds Voice, Breath and Speech       50-53         Preface to the ninth Mishna Mystery of Kisses       54-55         Mishna 9.       55-57         Ruach M'Ruach - Breath from Breath 22 Letters 3 Mothers 7 Doubles 12 Simples       55-57         Preface to the tenth Mishna Chaos and Void Dust       -58         Mishna 10.       59-63         Mayim M'Ruach - Water from Breath Chaos and Void Dust       59-63         Preface to the eleventh Mishna Chaos and Void Dust       64-66         Water and Fire - Male and Female       64-66         Mishna 11.       64-66         Esh M'Mayim - Fire from Water Throne of Glory       64-69	Mishna 7.		45-47
Return to the Place of Covenant       48-50         Preface to the eighth Mishna Ruach Hakodesh - The Holy Breath (Spirit)       48-50         Mishna 8.       50-53         Breath Living God Life of Worlds Voice, Breath and Speech       50-53         Preface to the ninth Mishna Mystery of Kisses       54-55         Mishna 9.       54-55         Ruach M'Ruach - Breath from Breath 22 Letters 3 Mothers 7 Doubles 12 Simples       55-57         Preface to the tenth Mishna Linflation of the Universe       -58         Mishna 10.       59-63         Mayim M'Ruach - Water from Breath Chaos and Void Dust       59-63         Preface to the eleventh Mishna Linflation of the Universe       64-66         Mishna 11.       64-66         Esh M'Mayim - Fire from Water Throne of Glory       64-69			
Preface to the eighth Mishna Ruach Hakodesh - The Holy Breath (Spirit)       48-50         Mishna 8.       50-53         Breath Living God Life of Worlds Voice, Breath and Speech       50-53         Preface to the ninth Mishna Mystery of Kisses       54-55         Mishna 9.       54-55         Ruach M'Ruach - Breath from Breath 22 Letters 3 Mothers 7 Doubles 12 Simples       55-57         Preface to the tenth Mishna Linflation of the Universe       -58         Mishna 10.       59-63         Mayim M'Ruach - Water from Breath Chaos and Void Dust       59-63         Preface to the eleventh Mishna Linflation of the Universe       64-66         Water and Fire - Male and Female       64-66         Mishna 11.       64-66         Esh M'Mayim - Fire from Water Throne of Glory       64-69			
Ruach Hakodesh - The Holy Breath (Spirit)       50-53         Breath       50-53         Life of Worlds       50-53         Voice, Breath and Speech       54-55         Preface to the ninth Mishna       54-55         Mystery of Kisses       55-57         Ruach M'Ruach - Breath from Breath       55-57         Ruach M'Ruach - Breath from Breath       55-57         Ruach M'Ruach - Breath from Breath       55-57         Preface to the tenth Mishna       -58         Inflation of the Universe       -58         Mishna 10.       59-63         Mayim M'Ruach - Water from Breath       59-63         Preface to the eleventh Mishna       64-66         Water and Fire - Male and Female       64-66         Mishna 11.       66-69         Esh M'Mayim - Fire from Water       66-69         Throne of Glory       57		Return to the Place of Covenant	
Ruach Hakodesh - The Holy Breath (Spirit)Mishna 8.50-53Breath Living God Life of Worlds Voice, Breath and Speech50-53Preface to the ninth Mishna Mystery of Kisses54-55Mishna 9.54-55Ruach M'Ruach - Breath from Breath 22 Letters 3 Mothers 7 Doubles 12 Simples55-57Preface to the tenth Mishna Inflation of the Universe-58Mishna 10.659-63Preface to the eleventh Mishna Dust59-63Preface to the eleventh Mishna Loas and Void Dust64-66Mishna 11.64-66Mishna 11.66-69Esh M'Mayim - Fire from Water Throne of Glory64-66	Preface to the	eighth Mishna	48-50
Breath       Living God         Life of Worlds       Voice, Breath and Speech         Preface to the ninth Mishna       54-55         Mystery of Kisses       55-57         Mishna 9.       55-57         Ruach M'Ruach - Breath from Breath       22 Letters         3 Mothers       7 Doubles         12 Simples       -58         Inflation of the Universe       59-63         Mayim M'Ruach - Water from Breath       59-63         Preface to the eleventh Mishna       64-66         Voit       Dust         Preface to the eleventh Mishna       64-66         Water and Fire - Male and Female       66-69         Esh M'Mayim - Fire from Water       66-69         Esh M'Mayim - Fire from Water       66-69		5	
Living God Life of Worlds Voice, Breath and Speech54-55Preface to the ninth Mishna Mystery of Kisses54-55Mishna 9.55-57Ruach M'Ruach - Breath from Breath 22 Letters 3 Mothers 7 Doubles 12 Simples55-57Preface to the tenth Mishna Inflation of the Universe-58Mishna 10.59-63Mayim M'Ruach - Water from Breath Chaos and Void Dust59-63Preface to the eleventh Mishna Mishna 11.64-66Water and Fire - Male and Female64-66Mishna 11.66-69Esh M'Mayim - Fire from Water Throne of Glory64-66	Mishna 8.		50-53
Life of Worlds Voice, Breath and Speech Preface to the ninth Mishna 54-55 Mystery of Kisses Mishna 9. 55-57 <i>Ruach M'Ruach</i> - Breath from Breath 22 Letters 3 Mothers 7 Doubles 12 Simples Preface to the tenth Mishna -58 Inflation of the Universe Mishna 10. 59-63 <i>Mayim M'Ruach</i> - Water from Breath Chaos and Void Dust Preface to the eleventh Mishna 64-66 Water and Fire - Male and Female Mishna 11. 66-69 <i>Esh M'Mayim</i> - Fire from Water Throne of Glory			
Voice, Breath and Speech54-55Preface to the ninth Mishna Mystery of Kisses54-55Mishna 9.55-57Ruach M'Ruach - Breath from Breath 22 Letters 3 Mothers 7 Doubles 12 Simples55-57Preface to the tenth Mishna Inflation of the Universe-58Mishna 10.59-63Mayim M'Ruach - Water from Breath Chaos and Void Dust59-63Preface to the eleventh Mishna Ust64-66Water and Fire - Male and Female64-66Mishna 11.66-69Esh M'Mayim - Fire from Water Throne of Glory64-66		•	
Mishna 9.S5-57Ruach M'Ruach - Breath from Breath 22 Letters 3 Mothers 7 Doubles 12 Simples55-57Preface to the tenth Mishna Inflation of the Universe-58Mishna 1058Mayim M'Ruach - Water from Breath Chaos and Void Dust59-63Preface to the eleventh Mishna Unst64-66Wishna 11.64-66Mishna 11.64-66Mishna 11.64-66Mishna 11.66-69Esh M'Mayim - Fire from Water Throne of Glory64-66			
Mishna 9.S5-57Ruach M'Ruach - Breath from Breath 22 Letters 3 Mothers 7 Doubles 12 Simples55-57Preface to the tenth Mishna Inflation of the Universe-58Mishna 1058Mayim M'Ruach - Water from Breath Chaos and Void Dust59-63Preface to the eleventh Mishna Unst64-66Wishna 11.64-66Mishna 11.64-66Mishna 11.64-66Mishna 11.66-69Esh M'Mayim - Fire from Water Throne of Glory64-66			
Mishna 9.55-57Ruach M'Ruach - Breath from Breath 22 Letters 3 Mothers 7 Doubles 12 Simples55-57Preface to the tenth Mishna Inflation of the Universe-58Mishna 1058Mayim M'Ruach - Water from Breath Chaos and Void Dust59-63Preface to the eleventh Mishna Ust64-66Water and Fire - Male and Female64-66Mishna 11.66-69Esh M'Mayim - Fire from Water Throne of Glory66-69	Preface to the		54-55
Ruach M'Ruach - Breath from Breath         22 Letters         3 Mothers         7 Doubles         12 Simples         Preface to the tenth Mishna         Inflation of the Universe         Mishna 10.         Mayim M'Ruach - Water from Breath         Chaos and Void         Dust         Preface to the eleventh Mishna         Water and Fire - Male and Female         Mishna 11.         66-69         Esh M'Mayim - Fire from Water         Throne of Glory	Mishna 0	Mystery of Kisses	55 57
22 Letters       3 Mothers         3 Mothers       7 Doubles         12 Simples       12 Simples         Preface to the tenth Mishna       -58         Inflation of the Universe       -58         Mishna 10.       59-63         Mayim M'Ruach - Water from Breath       59-63         Chaos and Void       59         Dust       64-66         Water and Fire - Male and Female       64-66         Mishna 11.       66-69         Esh M'Mayim - Fire from Water       66-69         Throne of Glory       64-66	wiisiina 9.	Ruach M'Ruach - Breath from Breath	55-57
7 Doubles       12 Simples         Preface to the tenth Mishna       -58         Inflation of the Universe       -58         Mishna 10.       59-63         Mayim M'Ruach - Water from Breath Chaos and Void Dust       59-63         Preface to the eleventh Mishna       64-66         Water and Fire - Male and Female       64-66         Mishna 11.       66-69         Esh M'Mayim - Fire from Water Throne of Glory       66-69			
12 Simples         Preface to the tenth Mishna Inflation of the Universe       -58         Mishna 10.       59-63         Mayim M'Ruach - Water from Breath Chaos and Void Dust       59-63         Preface to the eleventh Mishna Water and Fire - Male and Female       64-66         Mishna 11.       64-66         Esh M'Mayim - Fire from Water Throne of Glory       66-69			
Preface to the tenth Mishna       -58         Inflation of the Universe       59-63         Mishna 10.       59-63         Mayim M'Ruach - Water from Breath       59-63         Chaos and Void       Dust         Preface to the eleventh Mishna       64-66         Water and Fire - Male and Female       64-66         Mishna 11.       66-69         Esh M'Mayim - Fire from Water       66-69			
Inflation of the Universe59-63Mishna 10.59-63Mayim M'Ruach - Water from Breath Chaos and Void Dust64-66Preface to the eleventh Mishna Water and Fire - Male and Female64-66Mishna 11.66-69Esh M'Mayim - Fire from Water Throne of Glory66-69		12 Simples	
Mishna 10.       59-63         Mayim M'Ruach - Water from Breath Chaos and Void Dust       59-63         Preface to the eleventh Mishna Water and Fire - Male and Female       64-66         Mishna 11.       66-69         Esh M'Mayim - Fire from Water 	Preface to the	tenth Mishna	-58
Mayim M'Ruach - Water from Breath         Chaos and Void         Dust         Preface to the eleventh Mishna       64-66         Water and Fire - Male and Female         Mishna 11.       66-69         Esh M'Mayim - Fire from Water         Throne of Glory		Inflation of the Universe	
Chaos and Void Dust Preface to the eleventh Mishna 64-66 Water and Fire - Male and Female Mishna 11. 66-69 <i>Esh M'Mayim</i> - Fire from Water Throne of Glory	Mishna 10.		59-63
Dust       64-66         Water and Fire - Male and Female       66-69         Mishna 11.       66-69         Esh M'Mayim - Fire from Water       66-69		•	
Preface to the eleventh Mishna 64-66 Water and Fire - Male and Female 66-69 <i>Esh M'Mayim</i> - Fire from Water Throne of Glory			
Water and Fire - Male and Female       66-69         Mishna 11.       66-69         Esh M'Mayim - Fire from Water       56-69         Throne of Glory       66-69			
Mishna 11. 66-69 Esh M'Mayim - Fire from Water Throne of Glory	Preface to the		64-66
<i>Esh M'Mayim</i> - Fire from Water Throne of Glory	Maha 11	Water and Fire - Male and Female	
Throne of Glory	wiishna 11.	Esh M'Mayim - Fire from Water	66-69
		•	
Ojunini Serujini Enujer Tingels		Ofanim - Serafim - Chayot Angels	

Mishna 12.	<i>YH"V</i> - The Great Name 6 Permutations of Three Letters - <i>YH"V</i>	70-71
Mishna 13.	These are the 10 Sephirot	-72

### Chapter II (Sarah)

Preface to the	second Chapter Feminine Mysteries	74-76
Preface to the		76-81
	Three Matriarchs - Sarah, Miriam and Eve	
Mishna 1.	Three Mother Letters	81-84
	Mem - is Silent	
	Shin - Hisses	
	Alef - Balances	
Preface to the	second Mishna	85-87
Mishna 2.	Shapes of Letters	87.00
wiishna 2.	22 Foundation Letters	87-90
	Carved, Hewn, Weighed, Refined, Substituted and Shaped	
	Souls of Things	
Preface to the		-91
	Phonetic Families	01.02
Mishna 3.	Throat, Palate, Tongue, Teeth and Lips	91-93
	The Fifth Letter - <i>Heh</i>	
Preface to the	fourth Mishna	94-95
	God's Thoughts	
	Words as Building Blocks	
Mishna 4.		96-98
	231 Gates Wheeling Front and Back	
	Good = Pleasure	
	Evil = Plague	
Mishna 5.		99-100
	Weighing the 22 Letters	
	Repeating Endlessly	
	Single Divine Name - ( <i>Elohim</i> )	

Forming
Substance from Chaos
Making
Nothing into Something
22 Desires in 1 Body

#### Mishna 7.

Mishna 6.

105-108

- 231 Gates Logical Array
  231 Gates Rectangular Array
  231 Gates Circular Array
  231 Gates The Codovero Array
- 231 Gates Cordovero Circular Array

### **Chapter III** (Akiba)

Preface to the	third Chapter	110-111
	Horizontal Lines	
Preface to the	first Mishna	111-119
	Akiba in Abraham and Sarah	
	Akiba - In Loco Dei	
Mishna 1.		119-122
	3 Mothers	
	6 Rings	
	Fire - Shin - The Sale of Joseph	
	Water - Mem - The Orgy of Zimri	
	Breath - <i>Alef</i> - Rebellion of Korah	
	Male and Female	
Preface to the second Mishna		123-127
	Briah - Creation	
	Creatio ex Nihilo	
	Healing Past - Leah	
	Healing Future - Rachel	
Mishna 2.		127-128
	6th Letter - Vav	12, 120
	Mothers and Fathers	
Preface to the	third Mishna	129-130
	Tripartite Nature - Olam - World	
Mishna 3.		130-132
	Heaven, Earth and Space	150 152
	nouven, Euren und Spuce	
Preface to the	fourth Mishna	133-137
		155 157

<b>N</b> <i>A</i> <b>• • • •</b>	Tripartite Nature - Shana - Time	
Mishna 4.	Heat, Cold and Fullness	
Preface to the	fifth Mishna Tripartite Nature - <i>Nefesh</i> - Soul	141-144
Mishna 5.		144-145
Preface to the		146-151
Mishna 6.	Moses and Akiba 3 Mother Letters in Tripartite Nature	-151
Mishna 7.	Letter <i>Alef</i> in Tripartite Nature	-152
Mishna 8.	Letter Mem in Tripartite Nature	-152
Mishna 9.	Letter Shin in Tripartite Nature	153-154

## Chapter IV (Matriarchs)

Preface to the	fourth Chapter	156-157
Mishna 1.	Vertical Lines	157-159
	7 Doubles 7 Elements	
Mishna 2.	Doubles and Substitues	160-162
	Life and Death Peace and Evil Wisdom and Folly Wealth and Poverty Grace and Ugliness Seed and Desolation Dominion and Slavery	
Mishna 3.	7 not 6 - 7 not 8 6 Sides - 7 Ends Holy Temple Centered Within	163-164

5

Preface to the	fourth Mishna Sevens are Special	-165
Mishna 4.	<ul> <li>7 Heavens in <i>Olam</i> - World</li> <li>7 Days in <i>Shana</i> - Time</li> <li>7 Facial Orifices in <i>Nefesh</i> - Soul</li> </ul>	166-167
Preface to the <b>Mishna 5</b> .	fifth Mishna Queen Esther - Dominion and Slavery Letter <i>Tav</i> Saturn in <i>Olam</i> - World Shabbat in <i>Shana</i> - Time Mouth in <i>Nefesh</i> - Soul	168-171 171-172
Preface to the Mishna 6.	sixth Mishna Rebecca - Grace and Ugliness Letter <i>Beth</i> Jupiter in <i>Olam</i> - World Sunday in <i>Shana</i> - Time Right Eye in <i>Nefesh</i> - Soul	173-177 177-178
Preface to the Mishna 7.	seventh Mishna Jocheved - Wisdom and Folly Letter <i>Gimel</i> Sun in <i>Olam</i> - World Monday in <i>Shana</i> - Time Right Nostril in <i>Nefesh</i> - Soul	173-177 184-185
Preface to the <b>Mishna 8.</b>	eighth Mishna Ruth - Life and Death Letter <i>Daleth</i> Mars in <i>Olam</i> - World Wednesday in <i>Shana</i> - Time Left Eye in <i>Nefesh</i> - Soul	186-191 191-192
Preface to the <b>Mishna 9</b> .	ninth Mishna Tamar - Peace and Evil Letter <i>Khaf</i> Venus in <i>Olam</i> - World Tuesday in <i>Shana</i> - Time Right Ear in <i>Nefesh</i> - Soul	193-197 197-198
Preface to the <b>Mishna 10.</b>	tenth Mishna Leah - Seed and Desolation Letter <i>Peh</i>	199-200 200-201

	Mercury in <i>Olam</i> - World	
	Thursday in Shana - Time	
	Left Ear in Nefesh - Soul	
Preface to the	he eleventh Mishna	202-203
	Rachel - Wealth and Poverty	
Mishna 11.	-	200-201
	Letter Resh	
	Moon in <i>Olam</i> - World	
	Friday in Shana - Time	
	Left Nostril in Nefesh - Soul	
Preface to the	he twelfth Mishna	-205
	Letters as Stones - Words as Houses	
Mishna 12.		205-206
	2 Stones 1 x $2 = 2$ Houses	
	3 Stones $2 \ge 3 = 6$ Houses	
	4 Stones 6 x $4 = 24$ Houses	
	5 Stones 24 x $5 = 120$ Houses	
	6 Stones 120 x 6 = 720 Houses	
	7 Stones 720 x 7 = 5040 Houses	

# Chapter V (Tribes)

Preface to the	fifth Chapter	-208
	Diagonal Lines	
Mishna 1.	-	209-210
	12 Simples	
	12 Elements	
	Speech	
	Reflection	
	Walking	
	Sight	
	Hearing	
	Action	
	Coitus	
	Smell	
	Sleep	
	Rage	
	Gulping	
	Laughter	
Preface to the	second Mishna	-211
	Dodecahedron	
Mishna 2.		-212

7

6 Sets of Directions

Mishna 3.	12 not 13 - 12 not 11	-213
	<ul><li>12 Constellations</li><li>12 Months</li><li>12 Directors</li></ul>	
Mishna 4.	12s in Tripartite Nature	-214
Preface to the	fifth Mishna Judah's Curse in Deuteronomy	-215
Mishna 5.	Letter <i>Heh</i> - Speech Airies in <i>Olam</i> - World Nisan in <i>Shana</i> - Time Right Leg in <i>Nefesh</i> - Soul	-216
Preface to the	sixth Mishna Issachar's Curse in Deuteronomy	217-219
Mishna 6.	Letter Vav - Reflection Taurus in Olam - World Iyar in Shana - Time Right Kidney in Nefesh - Soul	-220
	seventh Mishna Zebulun's Curse in Deuteronomy	-221
Mishna 7.	Letter Zayin - Walking Gemini in Olam - World Sivan in Shana - Time Left Leg in Nefesh - Soul	-222
Preface to the	eighth Mishna Reuben's Curse in Deuteronomy	-223
Mishna 8.	Letter <i>Cheth</i> - Seeing Cancer in <i>Olam</i> - World Tamuz in <i>Shana</i> - Time Right Hand in <i>Nefesh</i> - Soul	223-224
Preface to the <b>Mishna 9.</b>	ninth Mishna Simeon's Curse in Deuteronomy Letter <i>Teth</i> - Listening	225-226 -226
	Leo in <i>Olam</i> - World Av in <i>Shana</i> - Time Left Kidney in <i>Nefesh</i> - Soul	

	9	
Preface to the	tenth Mishna Gad's Curse in Deuteronomy	227-228
Mishna 10.	Letter <i>Yod</i> - Virgo in <i>Olam</i> - World Elul in <i>Shana</i> - Time Left hand in <i>Nefesh</i> - Soul	-228
Preface to the <b>Mishna 11.</b>	eleventh Mishna Joseph's Curse in Deuteronomy Letter <i>Lamed</i> - Coitus Libra in <i>Olam</i> - World Tishrei in <i>Shana</i> - Time Gall Bladder in <i>Nefesh</i> - Soul	229-230 -230
Preface to the <b>Mishna 12.</b>	twelfth Mishna Levi's Curse in Deuteronomy Letter <i>Nun</i> - Smell Scorpio in <i>Olam</i> - World Cheshvan in <i>Shana</i> - Time Stomach in <i>Nefesh</i> - Soul	231-234 234-235
Preface to the <b>Mishna 13.</b>	thirteenth Mishna Benjamin's Curse in Deuteronomy Letter <i>Samekh</i> - Sleep Sagittarius in <i>Olam</i> - World Kislev in <i>Shana</i> - Time Maw in <i>Nefesh</i> - Soul	-236 -237
Preface to the Mishna 14.	fourteenth Mishna Dan's Curse in Deuteronomy Letter <i>Ayin</i> - Rage Capricorn in <i>Olam</i> - World Tevet in <i>Shana</i> - Time Liver in <i>Nefesh</i> - Soul	-238 -239
Preface to the <b>Mishna 15.</b>	Asher's Curse in Deuteronomy	-240 240-241
Preface to the <b>Mishna 16.</b>	sixteenth Mishna Naftali's Curse in Deuteronomy	242-243 -243

	Letter <i>Qof</i> - Laughter Pisces in <i>Olam</i> - World Adar in <i>Shana</i> - Time Spleen in <i>Nefesh</i> - Soul	
Preface to the	e seventeenth Mishna	-244
	Transmigration of Souls	
Mishna 17.		244-245
	6 Sets of 2	
	2 Savage	
	2 Exult	
	2 Mirthful	
	2 Thrusting	
	2 Predacious	
	2 Trappers	
Mishna 18.		246-248
	Divine Names	
	Y"H	
	YHV"H TZABA"OTH	
	ELOHI"M CHAYIM	
	ELOHA"Y Israel	
	E "L SHADA "I	
Preface to the	e ninteenth Mishna	-249
	Tripartite Nature of the Divine	-
Mishna 19.	1	249-250
	3 Trustworthy Witnesses	
	5	

# Chapter VI (Elimelech)

Preface to the sixth Chapter	
<i>Zivug</i> - Coupling and Connection Preface to the first Mishna	254-255
Recapitulation	
Mishna 1.	255-258
3 Fathers	
7 Subjugators	
12 Diagonals	
3 Witnesses	
Preface to the second Mishna	
Chapters I & II	
Mishna 2.	259-261

	Rule of 10, 3+7 & 12 <i>Teli</i> - Quiver <i>Galgal</i> - Wheel <i>Lev</i> - Heart	
Preface to the	third Mishna Chapter I	-262
Mishna 3	Fire carries Water	262-263
Preface to the	fourth Mishna Sanctifying the Name of God in Private Sanctifying the Name of God in Prayer Sanctifying the Name of God in Public	264-269
Mishna 4.	<i>Teli</i> - Quiver in <i>Olam</i> - World, King on his Throne <i>Galgal</i> - Wheel in <i>Shana</i> - Year, King in the Country <i>Lev</i> - Heart in <i>Nefesh</i> - Soul, like King at War	269-270
Preface to the	fifth Mishna Seasons of Desire	-271
Mishna 5.	Good versus Bad Good from Good & Bad from Bad Good empowering Bad & Bad empowering Good Good concealed for the Righteous & Bad for the Wicked	271-274
Preface to the Mishna 6.	Aspects of Covenant 3 Each standing Alone 7 Separated; 3 opposite 3 & 1 deciding Between	-275 275-277
Preface to the Mishna 7.	<ul> <li>12 Standing at War; 3 Lovers, 3 Enemies, 3 Quickening &amp; 3 Dying seventh Mishna Marriage Ceremony</li> <li>1 on top of 3</li> <li>3 on top of 7</li> <li>7 on top of 12</li> </ul>	-278 278-282
Preface to the <b>Mishna 8.</b>	eighth Mishna Abraham's Place Abraham's Greatness	-283 283-284
Comparative S	Sephirot	-286
Afterword		287-301